



GOD IS TRUSTWORTHY

Trust is only five letters but it's a HUGE word. It takes a lot of investment to gain and be trusted. You can honestly say it takes a lifetime. Unfortunately, it only takes a mere moment or action to destroy trust. What an imbalance, but that's the reality of trust. Trusting in people is a risk with great rewards or great heartache. Trusting God is essential. He has proven he is trustworthy. The problem is that we believe we are in the position to determine whether God is worthy of our trust. God doesn't have to prove anything to us. The more we trust and become trustworthy; we will see that.

When you hear the word trust, what comes to mind for you personally?

Are you a person who trusts easily or cautiously? Share what makes you that way.

TALK ABOUT IT

Why do you think broken trust is so difficult to rebuild in any relationship?

Why do you think people sometimes extend their disappointment with religion or religious leaders onto God himself?

Jesus said that he is the physical embodiment of the invisible God. Everything you know and see in Jesus is God in the flesh.

Why is it better to let Jesus be the one to reveal God to us than human beings?

Does God really care? Is he listening? Will he do what he says?

Which of these doubts, or something else, express where trust is hardest for you?

APPLY IT

Read Matthew 6:9-13.

The Lord's Prayer assumes trust at every line.

Which of these areas of trust do you find easiest right now? Which is hardest?

God is near

God is holy and good

God provides

**God forgives
God rescues**

What role does trust play in prayer to God?

PRAY TOGETHER

Read Matthew 6:9-13 as your prayer to close out your time together. Even better, print enough copies for everyone before your gathering and pray it out loud together.