



## **WEEK THIRTEEN | DEALING WITH TEMPTATION**

There is something comforting in knowing that others have been through something you are experiencing. It's highly unusual that anyone wants to feel alone in trying times. We want familiarity, understanding, compassion, love, help! We've all lived a lot of life, and it's amazing that we still think no one understands what we're going through. Why do we feel that way? Shouldn't we know better?

**In what ways are you running the race of life (faith) with focus and self-discipline? What's working for you?**

### **TALK ABOUT IT**

**Why is grumbling or gossiping even a sin?**

**What kind of damage does grumbling or gossiping cause when it happens?**

**Read 1 Corinthians 10:12-13 and Matthew 26:31-35.**

**When we are struggling with temptation, why is isolation (feeling alone or keeping the secret) so damaging?**

**When have you or seen someone, you know fallen to temptation because of arrogance? (i.e. "I've got this." Or "That will never happen to me.")**

**Russ said that "Sin thrives in secrecy." Why is that?**

**How have you experienced that?**

## **APPLY IT**

**Can you share a time or story when God delivered you or someone you know from sin and failure?**

**What does it look like to surrender to God in the midst of struggle?**

**If you could share one praise of God right now, what would it be?**

## **P R A Y**

Start now and make this time an indispensable part of your group time. It can be at the beginning, end, or wherever but don't overlook it. We have plenty to pray about.

- Pray together before you go home.
- Take requests, email them to the group, ask them to pray this week.