

### WEEK SEVEN | RECONSTRUCTING HUMILITY

When it comes to your faith, what is going well for you right now? What makes you feel hopeful and good about where you are or where you're heading?

### GETTING STARTED

What was your experience facing adulthood on your own and your faith journey?

Hearing Russ's stories about the "Christian bubble" growing up, brought back a lot of memories. Most, make me kind of laugh a bit about how cheesy some things seem now. Then again, I look around and see that it is still very much alive and looks the same in some ways and different in others.

If you have kids, how are you managing raising your kids in relation to the "Christian bubble" and life outside of it?

What is dangerous about insulating ourselves from the world and culture?

#### TALK ABOUT IT

Growing up and maturing as a person and Christian, the analogy of two buckets regarding your faith and belief is helpful. One bucket, you throw away things that you learned were detrimental to your faith. The other bucket is the one where you keep what is beneficial and adds to your understanding of God and Jesus.

### Read Philippians 2:1–18 (How to live like Christ)

What kinds of things should you see thrown into the throw away bucket? What kinds of things should you see thrown into the keep bucket?

Where do you see self-centeredness in your workplace, home, and church?

# APPLY IT

How should you proceed in becoming "like" Christ? (One step at a time? Wholesale turnaround?)

Where do you know you need more humility in your life?

# PRAY

Love is our guide, truth is our foundation, gentleness and respect are our approach, Jesus is our unity. None of that is easy but Jesus never promised that following him would be easy. Let's pray.