



WEEK FIVE | A SIMPLE PLAN FOR SPIRITUAL GROWTH

We have reached the end of this series. We've talked about being like Jesus and doing what he did. It can be overwhelming trying to be like the only perfect being who ever lived. Our minds can't conceive of that. Perfection is not the goal. Let's remember how flawed his closest disciples were. The goal is to learn from Jesus, see why he came and loved as he did, and follow him. The greatest path to success is what we are talking about now. We need a plan.

What's one area of your life where you need a plan?

What's one area of your life where having a plan really made a difference (e.g., a trip, a fitness goal, a financial plan)?

TALK ABOUT IT

Read 1 Corinthians 9:24–27.

What is something you wished you were good at?

Describe an area in your life where you trained to do something and what that was like.

What makes spiritual growth most challenging for you?

When Paul says to run for the prize, what is missing now that is hindering you?

APPLY IT

Comer said... *"For all of us, before we set out on any journey, we need at least two things: 1) a compelling vision of our desired destination; and 2) a plan for how to get there. Nowhere is this more true than in the spiritual life."*

The message emphasized three core practices: Daily Reading, Weekly Worship, and Regular Sabbath.

Which one feels most natural to you? Which feels most challenging?

Paul also reminded us that the prize we strive to receive is the reason for our training and running the race.

How does running for a crown that lasts forever change the way you think about becoming a disciple of Jesus?

P R A Y

Pray for God's wisdom in creating a sustainable "rule of life"—a plan that draws you closer to Jesus and helps you grow in love, rest, and spiritual purpose.

Make this time an indispensable part of your group. It can be at the beginning, end, or wherever but don't overlook it. We have plenty to pray about.

- Pray together before you go home.
- Take requests, email them to the group, ask them to pray this week.